

Support Resources for Graduate Students

KU Counseling and Psychological Services (CAPS)

Tel: (785) 864-2277

[CAPS](#) can help students with issues related to adjusting to college and other psychological, interpersonal, and family problems. Individual and group sessions are available.

KU Ombuds Office

Tel: (785) 864-7261

The University [Ombuds](#) office is a safe place where members of the KU community can seek informal, independent, confidential, and impartial assistance in addressing conflicts, disputes, or complaints without fear of retaliation or judgement.

Kansas Suicide Prevention HQ (KSPHQ)

Tel: (785) 841-2345

[KSPHQ](#) is passionate about making sure that emotional support and safety are available to kids, teens, and adults. They work hard for the Douglas County community, and for the state of Kansas.

Bert Nash Community Mental Health Center

Tel: (785) 843-9192

[Bert Nash](#) is a nonprofit community mental health organization offering a wide range of outpatient services. A licensed, comprehensive mental health facility committed to providing research-based services to improve the lives of Douglas County residents.

Sexual Trauma & Abuse Care Center

Tel: (785) 843-8985

Started in 1972 as the first rape crisis center in Kansas, the [Sexual Trauma & Abuse Care Center](#) promotes a culture of consent while providing 24/7 support to people of all ages and genders affected by sexual trauma & abuse in Douglas, Franklin, and Jefferson Counties.

Willow Domestic Violence Center

Tel: (785) 843-3333

Restoring the health and safety of survivors of family and domestic violence. The [Willow](#) strives to eliminate family and domestic violence in our communities by providing safety, education, and advocacy. All services are free and confidential and available to all residents of Douglas, Franklin, and Jefferson counties in Kansas.